



- Swim
- Bike
- Blue Run
- Orange Run
- ..... Parking

**AGE BRACKETS**

**7-10 Years Old - Orange Group**  
 Swim 1 Lap  
 Bike 1 Lap  
 Run on Orange Course

**11 - 17 Years Old - Blue Group**  
 Swim 2 Laps  
 Bike 2 Laps  
 Run on Blue Course

**ITINERARY**

- 6:30 - 7:30 a.m. Check-in
- 7:45 a.m. Athletes Assemble
- 8:00 a.m. Opening Ceremonies
- 8:15 a.m. Race Begins
- 10:00 a.m. Race Concludes
- 10:00 a.m. - noon OrangeFest (party & awards)